

# Free Confidential Tax Preparation For Low to Moderate Income Seniors



## TAX TIME

Appointments  
available  
Mondays,  
Wednesdays, and  
Fridays. Call  
Leader Center at  
717-533-2002  
to schedule.

**What We Prepare: Federal—1040; Pennsylvania PA-40;  
Local Earned Income Tax ; PA Property/Rent Rebates**

**What We CANNOT Do: Large number of stock transactions; casualty losses;  
income from farms, businesses, or rental properties**

### What to Bring:

- Photo ID and Social Security Card
- **MANDATORY:** A blank check, if you are expecting a refund that you would like to have directly deposited
- All statements defining wages including interest , dividends, pension , social security , gambling, unemployment, etc.
- Affordable care insurance payments
- Any documents marked “save for income tax purposes”
- Documentation showing original purchase price of sold assets such as stock sales
- A copy of last year’s tax return with all supporting tax documentation
- For Property or rent rebates, bring 2023 property tax bills marked paid or a rent certificate signed by your landlord stating the amount of rent paid in 2023

We are happy to be preparing taxes in-person this year! Please allow an hour for your appointment.

## From the Director's Desk

There's something exciting in the air here at LCAL: I can't recall a recent day when someone hasn't walked through the door to become a first-time member! And on many days of the new year, we've signed up *multiple* new members! To everyone who is new here, I say a very warm "welcome" - and that I hope you feel that you made a great choice! Please always reach out to the staff if we can help you get used to our offerings and operations. Never hesitate to ask other members for help, too—they are very knowledgeable, and each of them has been a "newbie" at one time, too!

January gave us an early dose of winter weather; here's hoping that February will be kind! If you ever are unsure about whether we are open, please call the main number, where we will have an updated message on our voicemail. We also post updates on two tv news broadcasts and try to always get emails out to everyone, too. It is a bit of a challenge to spread the word to 800 members and we will sometimes fall short, but I can promise you that we will be trying hard!

Whether you having been a member for one month or one hundred (or more!), we are hoping to see *lots* of you in February!

*Annamarie*

## PROGRAM UPDATE: Drum Fitness

It is with regret that we share that Pamra, our Drum Fitness instructor, is unable to return as an instructor at this time. She sends her fond regards to our members and especially her class participants. We are actively searching for another drum fitness instructor and will keep you posted on the results of the search.

## Inclement Weather

We will email members and post weather-related closing and delay info on **WHP 21 and ABC 27.**

You may also call the Center (717-533-2002) after 7:30 AM to listen to an "updates" message.

## February Class Underwriting

Zumba: Betsy Hancock  
Tap Dance: Aura Hill Bunn  
Pilates: Paul Cull  
Yoga: Marsha Major  
Chair Yoga: Betsy Kopec  
LaBlast: Brenda Berman  
Line Dancing: Tann O'Donnell

Thank you to our generous underwriters. With our modest annual membership fee, class underwriting is very important to our success here at Leader Center! See Annamarie to learn more about underwriting a class in 2024!

## **Coming Events:**

**Friday, February 2—Tech Talk with Kim—1:00PM.** This month Kim covers Siri on the iPhone/iPad. Stay after to get one-on-one help with your device.

**Tuesday, February 6—Leader Crafts—1:00PM.** Traditions of Hershey will lead us in homemade Valentine-making fun! Create cards to give to your loved ones or for LCAL to share with local first responders. Supplies will be provided.

**Friday, February 9—Friday Flix—1:00PM.** In recognition of Black History Month, we will show *Hidden Figures*. The 2017 film tells the story of three brilliant African-American women at NASA who serve as the brains behind one of the greatest operations in history: the launch of John Glenn into orbit, an achievement that turned around the space race and galvanized the world.

**Tuesday, February 13—Board & Card Game Day—1:00PM.** A great place to spend a winter afternoon is over a good game! We will have games available—or, feel free to bring one along (please make sure it has directions and all its pieces). Learn a new game or play a familiar favorite, enjoy a Valentine's Day treat, and make some new friends!

**Friday, February 16—Members' Monthly Social—11:30PM.** Join us for a delicious lunch of herb-roasted chicken, rice pilaf, sauteed mushrooms, garbanzo bean salad, and strawberry shortcake catered by Country Meadows. Following lunch, vocalist Chris Poje returns to entertain us. Cost is \$12.00. RSVP by Thursday, February 8.

**Tuesday, February 20—Leader Learns—1:00 PM.** Join LCAL member and licensed cosmetology instructor Betsy Dingle for a session about "Taking Care of Your Skin". After decades of experience working in the field and teaching, Betsy has great tips to share on caring for and protecting your skin, applying make-up, etc. Come with your questions, too!

**Wednesday, February 21 OR Thursday, Thursday, February 22—Leader Cooks—11:00AM.** Member and Executive Chef Richard Dingle demonstrates how to prepare petite portions of "swimmy fish" (not shellfish) along with an Israeli Cous Cous Salad and Vegetable & Goat Cheese Torta. Participants will assist with preparation and get expert plating tips! Class fee is \$20. *Please note: This is the class that was to be held in Jan. but needed to be rescheduled. Preference will be given to those who were registered in Jan., but spots may still be available—please call the office if you'd like to participate!*

**Monday, February 26—Book Club with Kathy—2:30PM.** *The Second Life of Mirelle West* by Amanda Skenandore

### **Save the Dates**

- The 8-week "A Matter of Balance" series kicks off on March 12th (1-3PM) and runs every Tues. afternoon after that through 4/30/24. Look for details on registering in the March newsletter!
- Rep. Mehaffie's Health Fair will be held at the Center on May 2nd from 10AM to Noon.
- The 2nd Annual "Hershey Open Pickleball Tournament" to benefit LCAL will be held on July 27th and 28th at the Hershey Racquet Club. More info about ways to support this important fundraiser will be coming soon! To register to play in the tournament, go to [Pickleballbrackets.com](http://Pickleballbrackets.com) (search "Hershey Open").

\* denotes RSVP needed

**Monday**

**Tuesday**

**Wednesday**

**February Intermediate Bridge  
Coordinator:  
Kate Stehman  
717-575-6877**

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**5**

8:15 Silver Sneakers  
8:30 Pilates  
9:15 Strengthening w/ Sara  
10:00 Stretch & Strength dvd  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Knitting  
1:00 Poker  
1:30 Zumba Gold  
6:00 Pilates @ CM

**6**

9:00 Tai Chi  
9:00 Yoga  
10:00 Chair Yoga  
10:00 Stretch & Strength dvd  
11:00 Advanced Tap  
11—2 Fiber & Friends  
12:00 Intermediate Bridge  
12:00 Hand & Foot  
12:45 Pinochle  
1:00 Leader Crafts

**7**

8:30 Pilates  
10:00 Stretch & Strength dvd  
10:00 Beginner Line Dance  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Bingo  
1:15 Watercolor  
1:30 Zumba Gold  
3:15 Silver Sneakers  
6:00 Pilates @ CM

**12**

8:15 Silver Sneakers  
8:30 Pilates  
9:15 Strengthening w/ Sara  
10:00 Stretch & Strength dvd  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Knitting  
1:00 Poker  
1:30 Zumba Gold  
6:00 Pilates @ CM

**13**

9:00 Tai Chi, Yoga  
10:00 Chair Yoga  
10:00 Stretch & Strength dvd  
10:00 Philosophers' Roundtable  
11:00 Advanced Tap  
11—2 Fiber & Friends  
12:00 Intermediate Bridge  
12:00 Hand & Foot  
12:45 Pinochle  
1:00 Board Game Day

**14**

8:30 Pilates  
10:00 Stretch & Strength dvd  
10:00 Beginner Line Dance  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Bingo  
1:15 Watercolor  
1:30 Zumba Gold  
3:15 Silver Sneakers  
6:00 Pilates @ CM

**19**

8:15 Silver Sneakers  
8:30 Pilates  
9:15 Strengthening w/ Sara  
10:00 Stretch & Strength dvd  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Knitting  
1:00 Poker  
1:30 Zumba Gold  
6:00 Pilates @ CM

**20**

9:00 Tai Chi  
9:00 Yoga  
10:00 Chair Yoga  
10:00 Stretch & Strength dvd  
11:00 Advanced Tap  
11—2 Fiber & Friends  
12:00 Intermediate Bridge  
12:00 Hand & Foot  
12:45 Pinochle  
1:00 Leader Learns

**21**

8:30 Pilates  
10:00 Stretch & Strength dvd  
10:00 Beginner Line Dance  
10:30 Line Dance  
11:00 Lifestretch  
\*11:00 Leader Cooks  
1:00 Bingo  
1:15 Watercolor  
1:30 Zumba Gold  
3:15 Silver Sneakers  
6:00 Pilates @ CM

**26**


8:15 Silver Sneakers  
8:30 Pilates  
9:15 Strengthening w/ Sara  
10:00 Stretch & Strength dvd  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Knitting  
1:00 Poker  
1:30 Zumba Gold  
2:30 Book Club  
6:00 Pilates @ CM

**27**

9:00 Tai Chi  
9:00 Yoga  
10:00 Chair Yoga  
10:00 Stretch & Strength dvd  
11:00 Advanced Tap  
11—2 Fiber & Friends  
12:00 Intermediate Bridge  
12:00 Hand & Foot  
12:45 Pinochle

**28**

8:30 Pilates  
10:00 Stretch & Strength dvd  
10:00 Beginner Line Dance  
10:30 Line Dance  
11:00 Lifestretch  
1:00 Bingo  
1:15 Watercolor  
1:30 Zumba Gold  
3:15 Silver Sneakers  
6:00 Pilates @ CM

Thursday	Friday
<b>1</b> 9:00 Yoga, Dolls, Chair LaBlast 10:00 LaBlast 10:00 Stretch & Strength dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot Cards 12:30 Scrabble 12:45 Pinochle 1:00 Tai Chi	<b>2</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Stretch & Strength dvd 10:15 Line Dancing 1:00 Tech Talk
<b>8</b> 9:00 Yoga, Dolls, Chair LaBlast 10:00 LaBlast 10:00 Stretch & Strength dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot Cards 12:30 Scrabble 12:45 Pinochle 1:00 Tai Chi 2:00 Living After Loss SG	<b>9</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Stretch & Strength dvd 10:15 Line Dancing 1:00 Friday Flix
<b>15</b> 9:00 Yoga, Dolls, Chair LaBlast 10:00 LaBlast 10:00 Stretch & Strength dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot Cards 12:30 Scrabble 12:45 Pinochle 1:00 Tai Chi	<b>16</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Stretch & Strength dvd <b>*11:30 Monthly Social</b>
<b>22</b> 9:00 Yoga, Dolls, Chair LaBlast 10:00 LaBlast 10:00 Stretch & Strength dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball *11:00 Leader Cooks 12:00 Hand & Foot Cards 12:30 Scrabble 12:45 Pinochle 1:00 Tai Chi	<b>23</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Stretch & Strength dvd 10:15 Line Dancing
<b>29</b> 9:00 Yoga, Dolls, Chair LaBlast 10:00 LaBlast 10:00 Stretch & Strength dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot Cards 12:30 Scrabble 12:45 Pinochle 1:00 Tai Chi	

*Life is good...* when you can spend time with family and friends, when there's always plenty to do and when delicious professionally prepared meals are served restaurant style. Our residents enjoy entertaining activities and opportunities to engage with the community both inside and outside our campus, always knowing assistance is never more than a few steps away, if needed. To learn more, call or visit us today. Life is good... at Country Meadows.

*...when you have your favorite pet by your side*

*...when new neighbors seem like old friends*

*...when there's always someone there to help if you need it*

*...when the food is fresh, tasty & nutritious*



**COUNTRY MEADOWS**  
RETIREMENT COMMUNITIES

Independent Living | Personal Care | Memory Care | Restorative Care

**451 Sand Hill Road, Hershey (near the Med. Center) 717-533-1880**  
[CountryMeadows.com](http://CountryMeadows.com)



**Hershey Symphony**

*55 Seasons of Musical Excellence*

For the season schedule and ticket information, go to [HersheySymphony.org](http://HersheySymphony.org)

*Award Winning Senior Living*

**TRADITIONS of HERSHEY**

INDEPENDENT LIVING WITH ENHANCED SERVICES AND PERSONAL CARE

Call **717-208-2437** for a tour!

**100 N. Larkspur Dr., Palmyra, PA 17078**  
[www.traditionsofhershey.com](http://www.traditionsofhershey.com)

We are an equal opportunity housing provider. We do not discriminate on the basis of race, color, national origin, religion, sex, familial status or disability.



# *459 Club Valentine's Day Social*

Thursday, February 8<sup>th</sup>

1:30PM – 2:30PM

**You are invited to be our Valentine!  
Please join us for fun games with prizes  
and delicious treats and refreshments!  
Dress in your best Valentine-themed outfit  
for your name to be entered in a raffle!**



Country Meadows of Hershey  
459 Sand Hill Road  
RSVP to Kris, Shannon or Meghan  
717-533-6996

*From your friends at*

**COUNTRY MEADOWS**  
RETIREMENT COMMUNITIES

# Leader Travel



## **“HAMILTON” on Broadway—Wednesday, March 13th**

*Hamilton* is the story of the unlikely Founding Father determined to make his mark on a new nation that's as hungry and ambitious as is he. Watch as Alexander Hamilton transforms from aspiring orphan into the Treasury head who makes an untrusting world believe in the American economy. George Washington, Eliza Hamilton, Thomas Jefferson, and Hamilton's lifelong friend/foil Aaron Burr all make their mark in this astonishing musical exploration of a political mastermind.

Our bus departs Leader Center at 7:30AM. Prior to the 2:00PM show, we will have lunch at Bubba Gump Shrimp Co. (there will be an approximate half-mile walk between the restaurant and the theater). Your choice of entrée will be Fried Shrimp, All-American BBQ Cheeseburger, Fish and Chips, Alabama Chicken Linguine, or Chicken Tenders. We will arrive back at Leader Center at 9:00PM.

The ticket price of \$279 includes transportation, lunch, and orchestra seating at the show. This trip will sell out quickly so get your tickets today!

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## **CHERRY BLOSSOMS in Washington, DC—Thursday, April 11**

Washington, DC is known for its cherry blossoms, a gift given to the United States by Japan in 1912. Visit DC during the time of year when they typically bloom, for a beautiful day full of magnificent views of our nation's Capital!

We begin by stepping aboard the all-glass *Odyssey* for a 2-hour luncheon cruise, where we will take in the views of Washington and the cherry blossoms while experiencing delectable dining, exceptional service, and a sophisticated ambiance. After our lunch cruise, we will enjoy a private, guided tour of the monuments and DC highlights, from the comfort of our motorcoach.

We will depart Leader Center at 8:30AM and return by 7:00PM. The \$170 ticket price includes transportation, the 2-hour lunch cruise on the *Odyssey*, and the guided DC highlights bus tour. Call today to reserve your spot!

Leader Center for Active Life  
605 Cocoa Ave  
Hershey, PA 17033



605 Cocoa Ave  
Hershey, PA 17033  
Phone: (717) 533-2002

Leader Center for Active Life strives to positively impact our community by promoting healthy aging through social engagement, physical and emotional well-being, civic involvement, creative offerings, and lifelong learning for those over 50 years of age.

Leader Center for Active Life is an independent, non-profit organization, depending solely on private funding and endowments to operate. Although there is no formal dues structure, members are expected to contribute a donation of at least \$100 per year.

**Megan Marshall:**  
President of the Board of Directors  
**Annamarie Fazzolari:** Executive Director  
**Kim Reese:** Office Coordinator  
**Kathy Giovanniello:** Administrative Assistant

### Dates to Remember

2/2—Tech Talk

2/6—Leader Crafts

2/13—Board & Card Game Day

2/16—Members' Monthly Social

2/20—Leader Learns

2/26—Book Club