

June/July 2022



Leader Center for Active Life

Opening Monday, June 13

Join us for a ribbon cutting ceremony at 8:00 AM

605 Cocoa Ave Hershey, PA

NEW LOCATION ~ SAME CLASSES

Important Dates:

~Friday, June 3—Ice Cream Social at Mohler ~Friday, June 3—Moving Sale at Mohler ~June 6 through June 10—Mohler Center Closed (virtual programming offered) ~Monday, June 13—Grand Opening of Leader Center for Active Life w/ribbon cutting at 8:00 AM

From the Director's Desk

We are SO EXCITED to welcome you into our new home at 605 Cocoa Avenue on Monday, June 13. We have our own dedicated entrance, look for signs leading you to our door.

We have worked long and hard to create a welcoming center for you to continue to "get busy living!"

Most programs and services remain the same for the time being (silver sneakers, tap and LaBlast times have changed). We are excited at the potential for growth and change that our new home affords us, but we will "live in the house" for a bit before making changes. If you have ideas about program additions, drop us a line and let us know what you would like to see.

Thanks for your support and understanding these past few years. We look forward to seeing you at our new home.

-Melissa

Did you know...

- 1. Your **key tag** (to sign in for programs) still works at Leader Active Life....keep those key tags!
- 2. **Senior Farmer's Market Voucher**Program is back. Contact the office to check your eligibility and get more information.

Coming Events:

Friday, June 3—Good-Bye Mohler Open House and Ice Cream Social—1:00—3:00 PM. Sponsored by Country Meadows.

Friday, June 3– Moving Sale—1:00—4:00. Cash and carry, no pre-sales. All items removed that day. Includes furniture, artwork, file cabinets, decorations, book cases, and more.

Monday, June 6 through Friday, June 10—Mohler Center closed for in person programs.

Thursday, June 9—Baltimore Trip leaves from Mohler Center at 6:30 AM.

Monday, June 13—Grand Opening of Leader Center for Active Life at 605 Cocoa Avenue. 8:00AM Ribbon Cutting!

Monday, June 27 —Book Club—2:30 PM. Lilac Girls By Martha Hall Kelly.

Monday, July 4—Closed for Independence Day

Monday, July 25 —Book Club—2:30 PM. Little French Bistro By Nina George.

Thursday, July 28—Medicare 101—9:00 AM Are you new to Medicare? Do you have unanswered questions? Dauphin County PA Medi will be conducting presentations to discuss basics of Medicare and comparisons between Medicare Advantage plans and supplements. Contact Shannon Vallier with questions, 717-780-6147 or svallier@dauphinc.org.

Mohler Travel

2022 Travel MUST BE FULLY VACCINATED

Valor & Honor Trip to West Point/Hudson River Tuesday, August 30

Filling fast, register today! Enjoy a guided tour of West Point, a buffet lunch at the Thayer Hotel and a 2 hour narrated cruise of the Hudson River. Depart Leader Center at 6:15 AM and we will arrive home around 9:00 PM. Cost of the trip is \$160 and includes motorcoach transport, guided tour, luncheon buffet, and cruise. Reserve by July 17.

NEW!!! Moulin Rouge on Broadway Wednesday, November 2

Enter a world of splendor and romance with eye-popping excess, glitz, and glory! The revolutionary film comes to life onstage, Moulin Rouge is more than a musical, it is a state of mind! Prior to the show we will lunch at Gossip in Hell's Kitchen. Bus departs Leader Center for Active Life at 7:30 AM. We will return around 10:00 PM. Trip includes motorcoach transport, traditional Irish lunch, and orchestra level show tickets. Cost for trip is \$225. Register ASAP.

NEW!!! Christmas with the Philly Pops Friday, December 16

Start the day at Love Park, perusing more than a hundred quaint shops. In case of inclement weather, we will visit an alternative location. After a fabulous lunch at the Chart House (*choice of cheeseburger, coconut shrimp, chicken del mar, or blackened salmon), we head to Kimmel Center to be wowed by the Christmas Spectacular, featuring the Philly Pops Festival Chorus, Philadelphia Boys Choir, African Episcopal Church Choir, and more talent to get you in the holiday sprit. We head home after the show with a fast food stop (if needed) on the way. Depart Leader Active Life at 8:30 AM and return home at approximately 8:30 PM. Cost is \$180. Register by No-

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Monday	Tuesday	Wednesday
Pickleball Granada Gym Tuesday and Friday mornings 9:00—Intermediate Play 10:30—Beginner Play 11:00—Instruction available (by appointment)		1 8:30 Pilates 9:00 Advanced Tap 10:30 Line Dance 1:00 Bingo 1:15 Watercolor 1:30 Zoom Zumba Gold 4:00 Silver Sneakers 6:00 Pilates
Closed	For	Move to
13 GRAND OPENING 8:15 Silver Sneakers 8:30 Pilates 9:00 Board Meeting 9:15 Strengthening w/ Sara 10:30 Line Dance 1:00 Knitting 1:00 Penny Poker 1:30 Zumba Gold 6:00 Pilates	14 9:00 Tai Chi 9:00 Yoga 9-12 Fiber & Friends 10:00 Chair Yoga 10:00 Stretch & Strength dvd 11:00 Advanced Tap 12:00 Intermediate Bridge 12:45 Pinochle	15 8:30 Pilates 10:30 Line Dance 1:00 Bingo 1:15 Watercolor 1:30 Zoom Zumba Gold 3:15 Silver Sneakers 6:00 Pilates
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Thursday	Friday
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9 Leader Center	For Active Life
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<u>June</u> <u>Coordinator</u>

Intermediate Bridge:

Nancy Fuschetti (717-838-2250)

June Class Underwriting

Zumba: Brenda Berman

Tap: Anonymous Tapper

Pilates, Yoga, \$ Chair Yoga:

Dauphin County Area Agency

on Aging

LaBlast: Country Meadows

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Closed Happy Independence Day!	5 9:00 Tai Chi 9:00 Yoga 9-12 Fiber & Friends 10:00 Chair Yoga 10:00 Stretch & Strength dvd 11:00 Advanced Tap 12:00 Intermediate Bridge 12:45 Pinochle	6 8:30 Pilates 10:30 Line Dance 1:00 Bingo 1:15 Watercolor 1:30 Zoom Zumba Gold 3:15 Silver Sneakers 6:00 Pilates
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Friday
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<u>July</u> <u>Coordinator</u>

Intermediate Bridge:

Brenda Erwin (717-503-9211)

July Class Underwriting

Zumba: Brenda Berman

Tap: Diane Dohner

Pilates & Yoga: Anonymous

Board Member

Chair Yoga: In memory of Mary Crossett

LaBlast: Country Meadows

Family is important to you. And us.





Country Meadows is family-owned and involved. We understand the value of taking care of families and have been serving seniors for over 30 years. We offer a full range of lifestyle options on a vibrant campus and welcome you to stop by for a personalized visit any day of the week

CountryMeadows.com



451 Sand Hill Road, Hershey (across from this center) • 717-533-1880



Independent Living | Personal Care Memory Care | Restorative Care Leader Center for Active Life 650 Cocoa Ave Hershey, PA 17033



605 Cocoa Ave Hershey, PA 17033 Phone: (717) 533-2002

Leader Center for Active Life strives to positively impact our community by promoting healthy aging through social engagement, physical and emotional well-being, civic involvement, creative offerings, and lifelong learning for those over 50 years of age.

Leader Center for Active Life is an independent, non-profit organization, depending solely on private funding and endowments to operate. Although there is no formal dues structure, members are expected to contribute a donation of at least \$100 per year.

Jack Bishop:
President of the Board of Directors
Melissa Weigle: Executive Director
Kim Reese: Office Coordinator
Kathy Giovanniello: Administrative Assistant

Dates to Remember

Friday, June 3—Ice Cream Good Bye

Friday, June 3—Moving Sale

Monday, June 13—Grand Opening

Monday, July 4—Closed

June 27/July 25—Book Club

Thursday, July 28—Medicare 101